

Our Story

Our journey began in January 2002 when our beloved brother and uncle, respectively, Richard Ayres (below) was struck by a drunk driver and suffered severe head trauma and paralysis. We refused to “let him go,” ultimately researching and securing a device called the Quadriciser®.

The Quadriciser moves all four limbs, stimulating the brain and improving muscle function. Beginning a recovery that could only be described as miraculous, Richard’s improvement inspired us to offer the Quadriciser and one-on-one physical therapy to others abandoned by traditional medicine in the wake of traumatic injuries or neurological disorders.

We founded Therafit Rehab in December 2006 and have grown it under one principle: “We love our patients, and we’ll never give up on you!”

—Gina Della and Justin Gilligan
Co-Owners



Free Help Now!



We’ve published several **FREE** reports to help you start getting back to the things you love. Download one today at: therafitrehab.com/free-reports

Insurance Coverage

Therafit Rehab accepts most major insurance carriers, including Medicare, Medicaid, Blue Cross Blue Shield, Cigna, and more. Contact our billing team, **Choice Billing for Therapy Practices**, at 410-618-1090 for more information on insurance coverage and benefits.

Maryland Locations

Baltimore
443-961-3071

Towson
410-415-1992

Westminster
410-871-2494

Woodlawn
443-364-8182

info@therafitrehab.com

therafitrehab.com



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*“We help people become more active,
mobile, and independent.”*

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Our Services

Physical Therapy

Our PT program focuses on activity-based rehabilitation. We offer a variety of adaptive equipment not available in other PT clinics. Our therapists use that equipment, evidence-based techniques, and a caring touch to challenge patients to reach their goals. Most of our patients' goals include walking better, holding grandchildren, falling fewer times, or just becoming more active.

Occupational Therapy

Our OT program helps to restore independence in activities of daily living (dressing, cleaning, cooking, and the like) and beyond. Our creative therapists will help you to get back on the job or to better participate in community life.

Speech Therapy

Our speech-language pathologists assess, diagnose, and treat speech, language, social communication, cognitive communication, and swallowing disorders in people of all ages. If eating, finding the right words, or enunciating clearly have become chores, our SLPs can help.

Maintenance Therapy

We never give up on our patients, even if you hit a plateau during rehabilitative therapy. We provide maintenance therapy, which represents medically reasonable and necessary treatment to prevent or slow a decline in the patient's condition.

Adaptive Equipment

We offer a variety of adaptive equipment. As durable medical equipment suppliers, we also fit and supply equipment to patients. We do it all: wheelchairs, walkers, standing frames, and more.

Why We're Different

We treat patients of all ages with **neurological conditions or traumatic injuries**. We provide **one-on-one care** in a supportive environment, and we find creative ways to challenge our patients to achieve their goals.

We only hire staff that has **education and experience with neurological patients**. And, our clinics feature **adaptive equipment** not found in other PT practices. Call us today to set up a **free screen** and get back to doing what you love! Our specialties include:

- Multiple Sclerosis
- Traumatic Brain Injury
- Spinal Cord Injury
- Muscular Dystrophy
- Spina Bifida
- Poor Balance
- Falls Assessments
- Stroke
- Cerebral Palsy
- Parkinson's Disease
- Physical Disabilities
- Pediatric Issues
- General Pain
- Movement Disorders

